

# Experience Has Proven...

**What is the secret of therapeutic honey? How does it help cancer patients when conventional medicine does not always succeed? • Dr. Oga Olitzky, oncologist at Beilinson Hospital, explains why she warmly recommends honey to her patients • Interview**



Honey heals – this is no secret. Many of us, at least once in our lives, have added honey to tea or hot milk when we have a cold, prepared a compress of honey to put on our chest to relieve a bad cough or on a knee aching from cold winter weather. But honey as a cure for cancer patients? That sounds unbelievable, but, nevertheless, we have to admit that if an acclaimed international medical journal writes about this wonder honey, it must be true. Dr. Olga Olitzky, oncologist at Beilinson Hospital, knows about therapeutic honey “Lifemal” not from hearsay, but from personal professional experience. She is also familiar with other types of honey used for medicinal purposes. Honey of these types is produced by the Zuf Globus Company using pharmaceutical bees. We met with Dr. Olitzky and asked for her opinion

on the unusual activities of these familiar insects.

**“These are the wrong sorts of bees and they produce the wrong kind of honey,” says Winnie the Pooh, but in different circumstances. What kind of bees are they? Who taught them to produce this sort of honey?**

Dr. Olitzky: The Zuf Globus Laboratories company produces different kinds of honey with therapeutic properties that are planned in advance. It all began in 1993 when the company was founded in the Kiryat Shmona technological hothouse for the purpose of implementing the ideas of Dr. Alexander Goroshit, who has carried out research on the therapeutic properties of honey and of other bees’ products since the 1970s.

**Many scientists were studying the properties of honey at that time and they are doing the same at present.**

It’s true that many scientists were carrying out this research, but Dr. Goroshit specialized in developing these special types of honey. After a period of specialization in microbiology, he immigrated to Israel and submitted to the Chief Scientist of the Ministry of Industry and Trade a proposal for a project based on his earlier work called “The Express Development” for different types of honey with medicinal qualities planned in advance.

**Were results obtained quickly?**

In 1993 a team of scientists headed by Dr. Alexander succeeded in making bees consume various plant extracts and other natural substances. As a result, an experimental amount of therapeutic honey was obtained, some of which showed antibiotic properties and other therapeutic properties.

**Do you mean to say that each type of honey for therapeutic purposes had specific therapeutic properties that were obtained from medicinal herbs?**

Yes, because they depend on which medicinal herbs were used in preparing the food for the bees.

**Why couldn’t you just let the bees collect nectar from these plants by themselves?**

Often the therapeutic substances are not found in the flowers but in the leaves, stems or roots of the plants, that is, in places not accessible to bees.

**The principle is clear. In order to obtain honey that could help in treating oncology patients, the scientists had to first find a plant with the right medicinal properties.**

Exactly, but we are not talking about a single plant but a combination of many types of plants.

**What magic power do these plants possess that can cure the human body?**

A combination of plants produces a kind of lock for our immune system, our safety system, which every illness breaks into in a specific spot in the body. When the safety system is rehabilitated, it begins to operate powerfully, and locates and kills all the enemies that have burst into the body.

**And if the bees are fed these plants, then they...’c9**

...’c9begin to produce honey with similar properties, but more potent, because honey fortifies the influence of the plants. The biological action of the therapeutic

type of honey is much more powerful, so that its use is especially beneficial when quick action is desired.

**Do you mean for cancer patients?**

Yes, first of all. When a patient undergoes chemotherapy, he is given very strong cytostatic substances that not only suppress malignant cell growth but also the production of blood cells, which, as everyone knows, do not live forever but must rebuild themselves regularly. So what happens to the patient’s blood? The number of leukocytes and thrombocytes falls to nearly zero and anemia increases. It is very difficult to fight this side effect of chemotherapy. In the past most patients undergoing chemotherapy would die as a result of the suppression of the production of blood cells.

**Isn’t there any way to solve this problem? For example, blood transfusions?**

Even today the efforts of doctors are not always successful. Yes, blood transfusions or blood components, and also the use of innovative medications, such as those that can produce increased amounts of blood and mature blood cells can rebuild the blood’s composition. But it’s also possible that all these efforts will not be successful, then we doctors must break off the treatment and postpone it until a later date, with longer periods between the chemotherapy treatments to give the body a chance to rebuild the neutrophils and other blood cells. The results of the treatment will become worse because the malignant cells will have time to develop resistance to the chemical preparations. The use of the therapeutic honey Lifemal enables us to run a full course of chemotherapy treatment.

**How did you know of the existence of this type of honey?**

I read an article by Professor Zeidan, director of the Oncology Department in the Safed Ziv Hospital in Safed, in the international journal Medical Oncology, on clinical trials of Lifemal honey on oncology patients. The results of the trials pointed conclusively to honey’s great effectiveness.

**Can you give an example of some data of the results of the experiment?**

Of course. Patients treated with Lifemal showed a 44 per cent decline in morbidity of leukopenia – compared to the results of the control group – and the morbidity of anemia declined by 64 per cent, with no side effects. Furthermore, more than a third reported a significant improvement in the quality of life and general well being.

**Do the medications used in conventional medicine to rebuild the blood cells have side effects?**

Unfortunately, yes. Bone pain, weakness, nausea, allergies, fever, etc. In addition, these medications are very expensive. After studying the results of the clinical tests of Lifemal, I met with the general manager of Zuf Globus Laboratories, Mr. Arik Fahima, and asked for all the material connected with therapeutic honey produced by his company. I studied the subject and started to recommend the honey to my patients.

**Did you try it on yourself like Pasteur?**

Yes, I did. Not Lifemal, because there was no need for it, but many of my cancer patients who use Lifemal experience wonderful results compared to those not using it. I personally have tried other types of honey – on myself and on my family: for example, Energymal – the special honey for increasing energy in the body. I gave my son Easymal to relax and reduce blood pressure and stress. My family also loves the fabulous Gastromal honey which helps to relieve heartburn and gas, etc. I also often recommend Flormal to my patients to treat mouth sores caused by chemotherapy. Therapeutic types of honey are also compatible with conventional medical treatment and never cause damage. Every physician dreams about this type of treatment.



**Caption: I also tried the various types of honey on myself. Dr. Olitzky**